

# Guidelines

## for preventing the spread of COVID-19 to Foreign Residents

### Guidelines for foreigners

- ✓ Anyone, regardless of nationality or status of residence, can get free examination at a public health center.
- ✓ Even if you do not have the right to stay (not eligible to stay), if you are being treated by a medical institution for symptoms related to COVID-19, you will be deferred without notice to the immigration or foreign office.
- ✓ If you have any problems about COVID-19, please contact us the following telephone numbers
  - ☎ 1339 or local health center
  - ☎ Gyeongangnam-do Foreign Residents Support Center (055-237-8779)
  - ☎ Gyeongangnam-do Multicultural Family Support Center (055-274-8337)
  - ☎ Gyeongangnam-do Family Support Division (055-211-5281)

### 10 rules for COVID-19 prevention

- ① Wear a mask whenever in an indoor public space and in crowded outdoor spaces.
- ② Wash your hands frequently and thoroughly with soap and running water for more than 30 seconds.
- ③ Avoid visiting crowded places with poor ventilation.
- ④ Keep your distance 2meters (at least 1meter) apart with others.
- ⑤ Do not touch your eyes, nose, or mouth with unwashed hands.
- ⑥ Cover your mouth and nose with your sleeve or tissue when coughing or sneezing.
- ⑦ Ventilate regularly and practice disinfection of frequently touched surfaces
- ⑧ Avoid close contact with anyone who has fever or respiratory illness, such as cough or shortness of breath.
- ⑨ Check yourself for coronavirus symptoms (fever or respiratory illness) everyday.
- ⑩ Avoid unnecessary travel.